

Cookies policy

Last Updated April 21, 2021

As the person in charge of this website, I have taken great pains to comply with the regulations regarding cookies, however, taking into account the way in which the Internet and websites work, it is not always possible to have updated information on the cookies that third parties may use through this website.

This especially applies to cases where this web page contains embedded elements: that is, texts, documents, images or short movies that are stored elsewhere, but displayed on our website.

Therefore, in case you come across these types of cookies on this website and they are not listed in the following list, please let me know. You can also contact the third party directly to request information about the cookies they place, the purpose and duration of the cookie, and how they have guaranteed their privacy.

PREVIOUS - WHAT ARE COOKIES?

Cookies are a tool used by Web servers to store and retrieve information about their visitors. It is nothing more than a text file that some servers ask our browser to write to our hard drive, with information about what we have been doing for their pages. They have an expiration date, which can range from the duration of the session to a specified future date, after which they cease to be operational.

1. THE COOKIES USED BY THIS WEBSITE

On this website, our own and third-party cookies are used to ensure that you have a better browsing experience, you can share content on social networks, to show you ads based on your interests and to obtain user statistics.

The cookies used at <https://sunshineoxygen.com/> are only associated with an anonymous User and their computer, they do not provide references that allow the User's name and surname to be deduced and they cannot read data from their hard drive or include viruses in their texts. . Likewise, <https://sunshineoxygen.com/> cannot read the cookies implanted on the User's hard drive from other servers.

The user can freely decide about the implantation or not on his hard drive of the cookies used at <https://sunshineoxygen.com/>. In this sense, the user can configure their browser to accept or reject all cookies by default or to receive a warning on the screen of the receipt of each cookie and decide at that time whether or not to implement it on their hard drive. For this we suggest you consult the help section of your browser to know how to change the configuration that you currently use.

Even if the User configures his browser to reject all cookies or expressly rejects cookies from <https://sunshineoxygen.com/>, he will be able to browse the Portal with the only drawback of not being able to enjoy the Portal's functionalities that require the installation of any of them. In any case, the User may delete the cookies implanted on their hard drive at any time, following the procedure established in the help section of their browser and which we will detail later.

As a user, you can reject the treatment of data or information by blocking these cookies through the appropriate configuration of your browser. However, you should know that if you do, this site will not work properly.

Cookies on this website help to:

- Make this website work properly
- Save you having to log in every time you visit this site
- Remind you of your settings during and between visits
- Allow you to view videos
- Improve site speed / security
- That you can share pages with social networks
- Continuously improve this website
- Show you ads based on your browsing habits

I will never use cookies to:

- Collect personally identifiable information (without your express permission)
- Collect sensitive information (without your express permission)
- Share personal identification data to third parties

2. THIRD PARTY COOKIES THAT WE USE ON THIS WEBSITE AND THAT YOU SHOULD KNOW

This website, like most websites, includes functionalities provided by third parties.

New designs or third-party services are also regularly tested for recommendations and reports.

This may occasionally modify the cookie settings and that cookies not detailed in this policy appear. It is important that you know that they are temporary cookies that it is not always possible to report and that they only have study and evaluation purposes. In no case will cookies that compromise your privacy be used.

Among the most stable third-party cookies are:

- Those generated by analysis services, specifically, Google Analytics to help the website analyze the use made by Users of the website and improve its usability, but in no case are they associated with data that could identify the user.
- Google Analytics is a web analytics service provided by Google, Inc., a Delaware company whose main office is at 1600 Amphitheater Parkway, Mountain View (California), CA 94043, United States (“Google”).
- The user can check here the type of cookies used by Google. Google+ and Google Maps cookie, according to the provisions on their page about what type of cookies they use.
- WordPress: <https://sunshineoxygen.com/> is a user of the WordPress blog supply and hosting platform, owned by the North American company Automattic, Inc. For such purposes, the use of such cookies by the systems is never under control or management of the person in charge of the web, they can change their function at any time, and enter new cookies. These cookies do not report any benefit to the person responsible for this website. Automattic, Inc., also uses other cookies in order to help identify and track visitors to WordPress sites, learn about their use of the Automattic website, as well as their access preferences to it, as it is included in the "Cookies" section of its privacy policy.
- Social network cookies: Social network cookies can be stored in your browser while browsing abcoach.com, for example, when you use the abcoach.com content share button on a social network.

The companies that generate these cookies corresponding to the social networks that this website uses have their own cookie policies:

Facebook: <https://www.facebook.com/help/323540651073243/>

Twitter: <https://twitter.com/privacy>

Instagram: <https://help.instagram.com/155833707900388>

Linkedin: <https://www.linkedin.com/legal/privacy-policy>

The privacy implications will depend on each social network and will depend on the privacy settings you have chosen on these networks. In no case, neither the person in charge of this website nor the advertisers can obtain personally identifiable information from these cookies.

3. HOW CAN I MANAGE AND DEACTIVATE THESE COOKIES?

If you do not want the website to not install any cookie on your computer, it is possible to adapt your browser so that you are notified before any cookie is downloaded.

Thus, you can also modify the browser settings so that it rejects all cookies or only third-party cookies. You can also delete any of the cookies that are already on your computer. Keep in mind that you will have to adapt the configuration of each browser and equipment you use separately.

<https://sunshineoxygen.com/> makes available to users who want to prevent the installation of the aforementioned cookies, links provided for this purpose by browsers whose use is considered more widespread:

Google Chrome | Internet Explorer | Mozilla Firefox | Apple safari